Recreation

Creating community through people, parks and programs

www.mountainview.gov

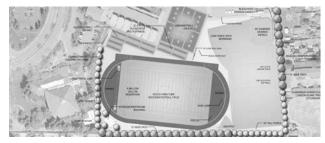
Fall 2006

Mountain View Invites Public Input on the Future of Recreation

The preparation of a Recreation Plan was adopted by the City Council as a major City goal in May 2005. The purpose of the plan is to provide a comprehensive review and assessment of recreation programs, services and facilities, as well as a preparation of a long-term recreation-focused vision for the community. The plan is anticipated to include: an inventory of existing City and community programs, services and facilities; a community profile and needs assessment; identification of emerging recreation trends and issues; and priority-setting and implementation strategies. This important community based process will help guide City recreation programs for the next 10 years. The Recreation Plan will be completed by Spring 2007 with the final document submitted to the Parks and Recreation Commission and City Council for review and approval.

The process for collecting public input is now underway. The first Community Workshop was held in June 2006 along with stakeholder interviews and additional demographic data collection. A second Community Workshop will be held on September 21, 2006. Focus group meetings will follow in October.

You can also participate in the process by completing the needs assessment on page two of this activity guide. We are interested in your opinions about the recreational and community service needs of Mountain View residents. This survey may be returned to P.O. Box 7540, Mountain View, CA 94039; Attn: Regina Maurantonio or dropped off at the Mountain View Community Center lobby at 201 South Rengstorff Avenue. Please return survey by Friday, September 15, 2006. Thank you for participating and imagining the Future of Recreation!



New Sports Complex

On December 16, 2006, the City of Mountain View will dedicate the new Graham Sports Complex located at 1185 Castro Street.

Mountain View Mayor Nick Galiotto, members of the City Council and MVWSD Board will cut the ribbon officially opening the track and fields for play. The dedication will include live entertainment, games, food and more. For more information please call (650) 903-6331.



Senior Center Dedication

Join us on October 27 for the dedication of the new Mountain View Senior Center located at 266 Escuela Avenue. Mountain View Mayor Nick Galiotto and members of the City Council will cut the ribbon on the new state-of-theart senior recreation facility. The celebration will feature guided tours of the Center, live entertainment and refreshments.

An Open House will take place on Saturday, October 28 for the community to see the facility and learn about the many programs and services available at the new facility.

For more information, please call (650) 903-6330.



Parks & Recreation Commission

Todd Fernandez (Chair), Ivan John (Vice Chair), Alicia Henderson, John Inks and Ed Mussman II. The Parks and Recreation Commission meets the second Wednesday of the month at 7:00 p.m. at the Mountain View Public Library, 585 Franklin Street. The following are meeting dates for the next few months: September 13 (Location-Performing Arts Center); October 1; November 8; December 13.

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Program Holidays *

Monday, September 4 – Labor Day Friday, November 10 – Veteran's Day Thursday, November 23 – Thanksgiving Day Friday, November 24 – Thanksgiving Holiday

* Lap Swim holiday hours may vary, contact pool for detailed schedule.

Recreation—1



3rd Annual PRO-AM RENG-JAM

Saturday, September 9th, 2006 11:00am – 2:00pm Rengstorff Park - Skate Park

The Youth Advisory Group (YAG) & Skate Works invite all teens to this free event. Listen to local bands, watch skater demonstrations, receive free giveaways, eat great snacks and enjoy the Skate Park.

TEEN MOVIE NIGHTS

Friday, September 22, 2006 7:00 pm Outdoor Amphitheatre Downtown Mountain View

Downtown Mountain View
Behind the Center for Performing Arts

Friday, October 13, 2006, 7:00 pm Rengstorff Park Behind the Community Center

The City of Mountain View Youth Advisory Group (YAG) presents Teen Movie Nights. Enjoy a movie selected for teen audiences by other teens. Refreshments will be served.

Recreation Plan Survey Name (optional): ______ Years in Mountain View: ____ Address: _____

Which of these categories best describes your household? Please check $\ensuremath{\square}$ one:

☐ One adult without children under 18 years

E-mail address:

- \square Two or more adults without children under 18 years
- $\hfill \square$ One adult with children under 18 years
- ☐ Two adults with children under 18 years
- ☐ Three or more adults with children under 18 years

Beginning with yourself, please list the age of each resident living in your household and in what recreation activity they most often participate:

	AGE	Recreation Activity
Head of Household		
Other Member		

- 1. What would you say the Mountain View community does best for its families, adults, youth, seniors, businesses and visitors?
- 2. What change or improvement would you identify as the highest priority to meet the current recreation and community service needs of Mountain View residents?
- 3. What are the most important issues or challenges facing the Mountain View community during the next ten years?
- 4. Identify what you consider the benefits residents are seeking when participating in parks, recreation and community service activities. List as many as you feel are important to be considered.
- 5. If you were to name one program needed for Mountain View residents, what would that program be and why?
- 6. If you were to name one facility needed for Mountain View residents, what would that program be and why?
- 7. Do you feel the fees charged for participation in the Recreation and Park programs and/or facilities are fair and equitable? Please rate your response below by circling your answer:

Strongly Agree	Moderately Agree	Neutral	Moderately Disagree	Strongly Disagre
1	2	3	4	5

- 8. Are you willing to pay an increase in your participation/user fees, a monthly, or an annual amount to fund new recreation facilities/programs? Please check box that best describes your answer.
 - ☐ Increase in participation/user fee
 - ☐ Monthly fee
 - ☐ Annual fee
- 9. How do you learn about the recreation programs and facilities that are available to you? Please check box that best describes your answer.
 - $\hfill \square$ Quarterly City/Community Services recreation brochure/guide
 - ☐ Flyers
 - □ Posters
 - ☐ Banners
 - ☐ News/press releases
 - ☐ Radio announcements
 - ☐ Internet
 - ☐ Word of mouth
 - ☐ Other (please describe)

Thank you! Please cut out and return by Friday, September 15, 2006. City of Mountain View Recreation Division; P.O. Box 7540, Mountain View, CA 94039 Attn: Regina Maurantonio

Monster Bash Halloween Celebration

Sunday, October 29, 2006 5:00pm-8:00pm Mountain View Community Center

Children will participate in craft projects from 5:00 to 6:00 p.m. Followed by a large projection screen movie at 6:00 p.m. on the outdoor stage. Please bring your own blankets and lawn chairs. In case of inclement weather, events will move indoors.

Annual Tree Lighting Celebration

Monday, December 4, 2006 6:00 p.m. to 8:00 p.m. Civic Center Plaza

Celebrate the holidays with friends and family. Enjoy live holiday music, refreshments, lights and the arrival of Santa Claus down Castro Street. Children can visit and have their picture taken with Santa. Free event. Guests are encouraged to bring a can of food to help build the giving tree, which benefits the Mountain View Community Services Agency. More information available at www. mountainview.gov.

Facility Directory

Cala Center Dojang 1111 W. El Camino #117	Adobe Building 157 Moffett Boulevard (650) 903-4876
201 South Rengstorff Avenue (650) 903-6331 Rm 1-Room 1 Rm 2-Room 2 Rm 3-Room 3 AUD-Auditorium LSH-Lower Social Hall California Fencing Association 950 Rengstorff Ave (866) 737-4903 Cooper Park 500 Chesley Ave. Cuesta Park Tennis Center 685 Cuesta Drive 967-5955 Eagle Park Pool 650 Franklin Street 903-6413 Enkuban Dojo (Aikido) 209 West Evelyn Avenue 966-1447 Monta Loma School 460 Thomson Avenue 903-6915 Mountain View Sports Pavilion (MVSP) 1185 Castro Street 903-6819 Peninsula Youth Theater (PYT) 2500 Old Middlefield Way, Palo Alto 988-8798 Rengstorff Park Pool 201 S. Rengstorff Avenue 903-6414 Senior Center (Sr. Ctr.) 266 Escuela Avenue 903-6330 Shoreline At Mountain View 2600 N. Shoreline Boulevard Administration 903-6392 Amphitheatre Box Office 967-4040 Golf Links 903-4653 Lakeside Café 965-1745 Michaels at Shoreline 962-1014 Sailing Lake 965-7474 Whisman Sports Center (WSC) 1500 Middlefield Road 903-6626	
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1500 Middlefield Road 903-6626	
3009 Middlefield Road	Winter Lodge

Facility Rentals

Historic Adobe Building

The Historic Adobe Building located on the corner of Central Expressway and Moffett Boulevard is available for rent for a variety of events including



company parties, weddings, and corporate meetings. The building was constructed in 1934 and renovated in 2001. The renovated Adobe building has a great room that can accommodate 100 for

indoor dining and beautiful adjacent garden area that compliments the setting. The interior of the great room has been kept in its original state with high open-trusses, hand-hewn lumber and wrought iron detail. A built in sound system, wood burning fireplace and full catering kitchen make this venue perfect for any event.

To tour this historic facility for your next event call (650) 903-6407.

Cuesta & Rengstorff Parks BBQ Area Reservations

Cuesta and Rengstorff parks have large group and family BBQ areas that are available for rent May 1- October 31. All reservations must be made two business days prior to your event. For more information on the BBQ areas or to download an application please visit the City's website at www.mountainview.gov, or call the reservations office at (650) 903-6407.

Mountain View Community Center

Mountain View's Community Center is one of the most competitively priced in Silicon Valley- being conveniently located between San Francisco and San Jose. We have accommodations to fit every need, from small meeting rooms to a large banquet hall that seat up to 200 people. Mountain View non-profit and Community Groups receive a discounted rental rate. Please call 650-903-6407 or stop by the Mountain View Community Center when planning your next event. Also visit us on the web at www.mountainview.gov.

Native American Festival At Deer Hollow Farm Features Family Activities

Annual Ohlone Day Festival at Deer Hollow Farm Saturday, October 21, 2006 1:00 pm to 4:00 pm.

Tour a replica Ohlone Village and discover the history of the Ohlones who lived in the Bay Area for thousands of years. Enjoy hands-on activities and demonstrations of Ohlone daily life. Bring the family and help support this annual fundraiser for local elementary students to attend classes at Deer Hollow Farm. Festival activities include acorn grinding, fire starting, cooking, flint-knapping, shell drilling, rope making, music and games for the whole family. Since the first Ohlone Day was held in 1996, a festival highlight has been the fire-starting demonstration by Keith Gutierrez, a former lead teacher at Deer Hollow Farm and now Naturalist at Redwood Grove in Los Altos.

Ohlone Day entrance fees are: Adult-\$5, Children-\$2 (under 2 years Free). All proceeds go for scholarships for Bay Area students to attend the outstanding environmental education program at Deer Hollow Farm. Funds also go to operate Deer Hollow Farm, which is funded by the City of Mountain View, Midpeninsula Regional Open Space District, the County of Santa Clara, and the all-volunteer non-profit Friends of Deer Hollow Farm. During the 2005-2006 schoolyear, half the 4,100 students attending Deer Hollow Farm classes received scholarships from Friends.

Deer Hollow Farm is located in the foothills of Los Altos amid the 3,800-acre Rancho San Antonio County Park and Open Space Preserve. The replica Village, normally closed to the public, was created by Farm staff and volunteers for students to learn about Native Americans while visiting the Farm during field trips. It contains sleeping and shade shelters, an underground sweat house, a granary, and a village community center. These structures are made much the same way that the Ohlone built them using willow branches embedded in the soil and tied together with cordage made from plant and animal materials. Tule grass covers the willow structures. For more information, call Friends of Deer Hollow Farm at (650) 965-FARM(3276) or visit the website: www.FODHF.org.

Deer Hollow Farm Docent Training for Adults

If you have ever wanted to learn about the cycles and lives that inhabit a farm, an organic garden, and 3,800 acres of wilderness, now is your chance. You will be able to share your knowledge with school children and other adults as a Deer Hollow Farm Docent. Docents (trained volunteers) are essential to providing educational and memorable experiences for groups visiting Deer Hollow Farm. Docent Training is scheduled for September 19-21, 2006. Interested adults are encouraged to call now and join us in September. No teaching experience is necessary, just an enjoyment of children and the outdoors. Call (650) 903-6430.

Deer Hollow Farm Classes for Schools and Community Groups

Deer Hollow Farm is looking forward to the new school year and is offering classes September through May for elementary schoolchildren and community groups. We offer the following classes: Farm and Garden, Sheep and Goats, Birds, Wilderness, Ohlone Habitat and Ohlone Village. The fee for the classes vary by school location. Please join us for class registration on Tuesday, September 12, 2006, 3:00 p.m., Mountain View Community Center, 201 South Rengstorff Avenue. For more information, call Deer Hollow Farm, (650) 903-6430.

SENIOR CENTER

Our Mission is to provide programs that meet the individual needs of seniors; promote personal growth and socialization, and foster feelings of achievement, companionship and well being.

Senior Center Programs Gear Up for Final Phases of New Facility

For several years, seniors in our community have been patiently awaiting the completion of the new 24,000 square foot Senior Center on Escuela Avenue. As the months pass and October draws near, the current interim facility will be removed in order to complete final site work, including completion of the parking lot and landscaping. During the months of August, September and part of October, the Senior Center will be operated out of the nearby Community Center located at 201 South Rengstorff Avenue. During this time, most senior programming will be maintained. The nutrition program offered through the Community Services Agency of Mountain View/Los Altos will continue to offer hot lunches Monday through Friday, and most classes offered in conjunction with Mountain View-Los Altos Adult Education and Foothill/De Anza College will continue as scheduled. City staff will continue to update participants as the date for the final move into the new Senior Center draws near. See cover article for Dedication and Open House News.



Connecting Senior Services Through the Internet

With the expected growth in the number of seniors in the future, Community Services Agency (CSA) Senior Services program has turned to the Internet and use of technology to stretch their case management resources in order to help seniors remain independent and in the community. With funding from the Council on Aging and The Valley Foundation, CSA's case managers are now equipped with wireless laptops and the latest technology to assist in assessing and serving their clients' needs as well as presenting up-to-date talks on a variety of topics at the Senior Center, senior apartment buildings, churches and mobile home parks in Mountain View.

Jack Black, Health Librarian, now offers weekly appointments at the Mountain View Senior Center to assist seniors with locating health information. Additionally, CSA case managers have been able to enroll seniors in the Medicare Part D program in their homes or at the Senior Center using the official Medicare Website. CSA senior services provides free case management services to all seniors, age 60 and over, living in Mountain View, Los Altos, and Los Altos Hills. Community Services Agency is the only social services agency in Northern Santa Clara County providing this intensity of integrated case management for the low income and frail elderly to improve their access to reliable health information and community resources through the use of technology-based service delivery.

For More Information

For more information about the programs and services offered at the Mountain View Senior Center, call (650) 903-6330. You may also go online to view the monthly newsletter called the Prime Time News and the quarterly class guide at http://www.mountainview.gov/citydepts/cs/rec/senior_center.htm

Volunteer Opportunities

The Senior Center offers volunteer placement to seniors and other interested citizens. Currently, the Senior Center seeks volunteer registered nurses to provide free blood pressure checks to seniors once a month at the Senior Center. If you are interested, please call (650) 903-6330.

Holiday Bazaar & Senior Art Exhibit

Saturday, November 18, 2006 9:30 a.m. – 3:00 p.m. call (650) 903-6330

LIFEGUARD TRAINING

This course is specifically designed to prepare students for eligibility to apply for Lifeguard employment. Upon successful completion of this course, students will receive the following certifications: CPR for the Professional Rescuer, AED, First Aid training and Lifeguard Training certification. Participants must be 15 years old by the last date of the class and able to swim 500 yards continuously, tread water for two minutes and retrieve a 10-pound brick from the bottom of the pool. ATTENDANCE IS MANDATORY AT ALL CLASSES. Bring a swimsuit and a towel to every class. Fee includes books and certifications. Instructor: Recreation Staff



10653	15 + yrs	F	5:30PM - 9:30PM	12/18 &12/15
		Sa	8:30AM - 5:30PM	12/9 & 12/16
		Su	8:30AM - 5:30PM	12/10 & 12/17

WATER SAFETY INSTRUCTOR

This class will train instructor candidates to teach American Red Cross Learn To Swim, infant/preschool programs and Community Water Safety courses. Prerequisites: must be 16 years old by December 22, 2006 and pass a pretest consisting of water safety and swimming skills on the first day of class. ATTENDANCE IS MANDATORY AT ALL CLASSES. Bring a swimsuit and towel to every class. Fee includes books and certification. Classes will be held at Eagle Park Pool.

R\$155/NR\$165

10658	M - F	8:30AM - 5:30PM	12/18 - 12/22	R\$155/NR\$165
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AQUA-CISE (Beginning)

Join the Aqua-cise community in a medium-paced, low-impact water aerobic conditioning class designed to improve cardiovascular fitness as well as tone muscles and increase flexibility. No swimming skills necessary. Must be 18+ yrs. Classes will be held at the Eagle Park Pool. Instructor: Recreation Staff. NO CLASS 9/4.

10188	M/W/F	12:00 - 12:55PM	10/2-10/30	R\$35.75/NR\$45.75	SR\$9.75/SN\$19.75
10189	M/W/F	12:00 - 12:55PM	11/1-11/29	R\$30.25/NR\$40.25	SR\$8.25/SN\$18.25
10190	M/W/F	12:00 -12:55PM	12/1-12/29	R\$33/NR\$43	SR\$9/SN\$19



Local Swim Clubs

Mountain View Masters (MVM) is a swim program for the adult community aged 18

and older of all swimming ability levels. MVM offers: coached practices; stroke

instruction; private lessons; group clinics;

lap swimming; local swim competitions;

and fun social events year round, and has

a triathlon club. Practices are mornings, Monday through Saturday at Eagle Pool. Monthly Dues include access to all MVM practices and City lap swim program. All members must register with Pacific

Masters Swimming (PMS); annual dues are \$35. Drop-in fee for PMS-registered

swimmers is \$7. For more information,

including current monthly dues, practice

schedule and sample practices, visit the

club website, www.mvm.org or email

mail@mvm.org or call (408) 735-1326. The Los Altos-Mountain View Aquatic

Club (LAMVAC), sanctioned by United

and girls ages 5 to 18, novice through

advanced. All practice sessions are coached by experienced certified coaches and instructors at Eagle Pool. For more information visit us at: www.lamvac.org,

or call (650) 599-2213.

States Swimming, Inc., offers year round competitive swimming for boys

AQUATIC FITNESS

Join the exhilaration and fun of a total exercise program! Exercises are designed to develop muscle tone, strength, and flexibility as the body moves against the resistance of the water No swimming skills required. Must be 18+ yrs. Instructor: Recreation Staff. Classes will be held at the Eagle Park Pool.

10191	M/W/F	8:05 - 9:00AM	10/2-10/30	R\$32.50/NR\$42.50	SR\$9.75/SN\$19.75	
10192	M/W/F	8:05 - 9:00AM	11/1-11/29	R\$27.50/NR\$37.50	SR\$8.25/SN\$18.25	
10193	M/W/F	8:05 - 9:00AM	12/1-12/29	R\$30/NR\$40.00	SR\$9/SN\$19.00	

DEEP WATER EXERCISE

Aerobic and strengthening exercises are performed in deep water with the assistance of a flotation device. Deep Water Exercise provides the benefits of aerobic exercise without the negative impact. Participants must be comfortable in deep water, but ability to swim is not required. Flotation devices will be provided. Must be 18+ yrs. Instructor: Sharon Klaisner. Classes will be held at the Eagle Park Pool.

10194	T/TH	8:05 - 8:55AM	10/3-10/31	R\$24.75/NR\$34.75	SR\$6.75/SN\$16.75
10195	T/Th	8:05 - 8:55AM	11/2-11/30	R\$24.75/NR\$34.75	SR\$6.75/SN\$16.75
10196	T/Th	8:05 - 8:55AM	12/5-12/28	R\$19.25/NR\$29.25	SR\$5.25/SN\$15.25

LAP SWIM

Lap Swimming is a great opportunity available for adults aged 18 and up to increase their health and wellness. Schedule is subject to change due to holidays and routine pool maintenance. Please visit www.mountainview.gov for schedule updates. Lap Swim Cards and Day Passes may be purchased at the following locations:

- Mountain View Community Center (201 S. Rengstorff Ave.)
- •City Hall Finance Department (500 Castro Street)
- Eagle Park Pool during Lap Swim hours only. (Please have exact change or check) or
- By mail (include a self-addressed stamped envelope)

Mountain View Residents must provide proof of residency.

EAGLE POOL	Schedule Changes	FEES
Weekdays: 10:30AM - 1:30PM	Labor Day-9/4 9 am - 11:30 am at	Adult: R\$47/NR\$57
6:00 - 8:00PM	Rengstorff.	Senior: R\$13/NR\$23
Weekends: 9:00-11:45am	Closed: Veterans Day-11/10 Thanksgiving Holiday 11/23,24	Day Pass: R\$2.50/NR\$3.50



Dance Force teaches a variety of styles of dance classes which include ballet, tap, jazz, hip hop, cheerleading, acrobatics, tiny tots, mommy & me classes, pre-ballet, combo classes, ethnic style dancing, and more. We teach children from the age of 10 months to adults. Dancing is a great way for your child to learn coordination, grace, balance, confidence, and

helps to build their self esteem. Sign your child up for one of our classes and let them experience the joy and fun of dance! For more specific information on classes, call Dance Force at (408) 371-5678 or e-mail us at danceforceinfo@aol.com

BALLET

This ballet class will teach the fundamentals of ballet and focus on technique. Your child will be introduced to terminology of steps and do an in-class performance at the last class meeting. Instructor: Kristin Greene.

10197	3.5-5.5 yrs	M	2:00 - 2:45PM	Lower Social Hall	10/16-12/4	R\$74/NR\$84
10198	3.5-5.5 yrs	F	2:15 - 3:00PM	Lower Social Hall	10/20-12/8	R\$58/NR\$68
10199	5-7 yrs	Sa	1:00 - 1:45PM	Room 3	10/21-12/9	R\$58/NR\$68

CHEERLEADING & KIDS' HIP HOP

This class has it all! Your child will learn cheerleading motions, cheers, chants, jumps and techniques and use pom poms. They will also learn basic jazz and hip hop moves to music like Radio Disney and Kids Bop! Your child will perform an in-class dance routine and cheers on the last day of the session! Instructor: Kristin Greene.

10202	5-7 yrs	M	5:15 - 6:00PM	Lower Social Hall	10/16-12/4	R\$74/NR\$84
10612	8-12 vrs	F	3:15 - 4:00PM	Lower Social Hall	10/20-12/8	R\$58/NR\$68

COMBO (BALLET/TAP/JAZZ)

This is a great class which introduces your child to ballet, tap and jazz steps. Children will use props, scarves and wands and begin to understand dance terminology. COMBO II: A progression of the Combo I class. Instructor: Kristin Greene.

10206	COMBO	8-12 yrs.	W	4:15PM - 5:00PM	Lower Social Hall	10/11-11/29	R\$74/NR\$84
10203	COMBO	3.5-5.5 yrs	M	4:15PM - 5:00PM	Lower Social Hall	10/16-12/4	R\$74/NR\$84
10204	COMBO II	5-7 yrs	M	3:00PM - 4:00PM	Lower Social Hall	10/16-12/4	R\$84/NR\$94
10207	COMBO	3.5-5.5 yrs	Sa	10:45AM -11:30AM	Room 3	10/21-12/9	R\$58/NR\$68
10208	COMBO	6-9 vrs	Sa	11:45AM -12:45PM	Room 3	10/21-12/9	R\$65.50/NR\$75.50

KIDS HIP HOP & JAZZ

Come out and learn the hottest new dance moves! This is a high-energy class that combines the elements of jazz and the latest hip hop moves you see on TV. This is an action-packed class! Your child will learn a dance routine that they will perform in class on the last day of session. Instructor: Kristin Greene.

10211	8-12 yrs	M	7:15 - 8:00PM	Lower Social Hall	10/16-12/4	R\$74/NR\$84
10614	5-7 yrs	W	3:15 - 4:00PM	Lower Social Hall	10/18-12/6	R\$74/NR\$84
10650	11-16 yrs	W	6:15 - 7:15PM	Lower Social Hall	10/18-12/6	R\$84/NR\$94

LATIN STYLES

Here it is! A class to get your hips to a Latin beat! Learn how to salsa and merengue. Do the cha-cha and cumbia. Dance to Latin standards and current club favorite tunes. Join the fun. (No partner needed) Instructor: Kristin Greene.

Lower Social Hall

R\$74/NR\$84

10/25-12/13

10618	8-12 yrs	F	4:15 - 5:00PM	Lower Social Hall	10/20-12/8	R\$58/NR\$68	
TAP							
Learn the fundamentals	of tap and foc	us on te	chnicque and terminol	ogy of steps. Instructor: k	Cristin Greene.		
10215	5-7 yrs	M	6:15 - 7:00PM	Lower Social Hall	10/16-12/4	R\$74/NR\$84	

5:15 - 6:00PM

TINY TOTS BALLET

10611

This class is geared for Tiny Tots. Your child will be introduced to ballet and creative movement. This is a FUN class, which is action-packed to keep your child's attention. Your child will learn ballet steps; use props, scarves, teddy bears and wands; and begin to understand dance terminology. Instructor: Kristin Greene.

10216	2.5-3.5 yrs W	2:30 - 3:00PM	Lower Social Hall	10/18-12/6	R\$64/NR\$74
10218	2.5-3.5 yrs Sa	10:00 -10:30AM	Room 3	10/21-12/9	R\$50.50/NR\$60.50

SPECIAL INTEREST

8-12 yrs

W

BABYSITTER'S TRAINING

The American Red Cross gives the knowledge, skills and confidence to care for infants and school-age children. This course teaches rescue breathing, first aid for choking and bleeding and basic care (diapering, holding, feeding, dressing) for infants and small children; participants learn to interview for a babysitting job; make responsible decisions; supervise children and stay safe. Participants receive a Red Cross handbook, and supply bag with first-aid supplies, flashlight, and emergency information forms. Upon completion, you will earn a Babysitter's Training Certification. Instructor: American Red Cross Staff.

10219	11-14 vrs	M	4:00 - 6:00PM	10/9-10/23	Room 1	R\$73/NR\$83
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BASIC AID TRAINING

A 6-hour first aid class designed specifically for kids 8 to 10 years old. Learn how to respond to and prevent choking and breathing emergencies, wounds, and fire emergencies. It is a fun and interactive course that involves games, group activities, hands-on manikin practice, relay races, and skits. Meets requirements for the Webelo Ready Man Badge. Instructor: Palo Alto Red Cross Staff.

10556	8-10 yrs	W	4:00 - 6:00PM	11/1-11/15	Room 1	R\$35/NR\$45

CARTOONING WORKSHOP

Learn to draw your favorite cartoons from Spongebob Squarepants to Buzz Lightyear to the characters in 'Cars!'. Matthew Luhn, Pixar animator and cartoonist on 'Toy Story', 'Monsters Inc', Finding Nemo', and 'Cars!', will be teaching this one-day cartooning workshop. An encouraging approach allows students to have fun drawing cartoons, and to continue their talent after the class.

10557	7-13 yrs	Sa	1:30 - 4:30PM	11/18-11/18	Auditorium	R\$70/NR\$80
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DJ 101 FOR TEENS

Attention all DJ's. Have you ever wanted to know what it takes to become a true DJ? Now you can, with DJ 101. This class is a hands on class where you learn the history of DJing, the different DJ equipment, a variety of techniques and more.

10532	11-14 yrs	Th	6:00 - 7:00PM	10/12-10/26	Room 1	R\$20/NR\$30
10533	11-14 yrs	Th	6:00 - 7:00PM	11/2-11/16	Room 1	R\$20/NR\$30

DRIVER EDUCATION FOR TEENS

Driver Education is a LIFE SKILL class covering numerous topics related to being a safe driver and pedestrian. Students learn best through effective classroom instruction with a credentialed teacher maximizing the benefits of teacher-student interaction, discussion, video analysis, and instant feedback. This California state-required course is needed to obtain a driver's instruction permit. Class does not include behind the wheel instruction. Students must attend all sessions in order to receive a state completion certificate. Bring a snack, lunch and a beverage to class each day. Credential Economic Driving School Instructor #2430.

10222	14-18 vrs	T.W.Th. F	8:30AM - 4:00PM	1/2-1/5	Room 3	R\$80/NR\$90	

ICE SKATING

Beginning ice skating classes teach basic skills in a fun, encouraging, environment. This class is for students who have never skated. Rental skates and practice time are included. Please wear gloves and warm clothes. For other classes or higher levels, please contact Winter Lodge directly at 650-493-4566, located at 3009 Middlefield Road, Palo Alto. Instructor: Winter Lodge Staff.

10537	11-16 yrs	M	5:00 - 5:30PM	10/2-11/13	Winter Lodge	R\$100/NR\$110
10534	4-5 yrs	T	3:00 - 3:30PM	10/3-11/14	Winter Lodge	R\$100/NR\$110
10535	6-7 yrs	T	3:00- 3:30PM	10/3-11/14	Winter Lodge	R\$100/NR\$110
10536	8-10 yrs	T	3:30 - 4:00PM	10/3-11/14	Winter Lodge	R\$100/NR\$110

KIDS CAFE

This delicious class offers children the opportunity to do what they love to do - eat! The workshops focus on food preparation, kitchen safety, nutritious eating and presentation. You don't want to miss this tasty class! Instructor: Recreation Staff.

10221 8-12 yrs 10:00AM -12:00PM 10/21-11/4 **Lower Social Hall** R\$45/NR\$55

LEGO PRE-ENGINEERING

Create, Play and Learn! Build a town, city or star base with houses, buildings, pyramids, bridges, tunnels, towers and more. Build motorized cars, trains, buses and trucks; then race, crash and repair them. Explore possibilities of LEGO building systems while learning useful construction techniques. Instructor: Play-well TEKnologies Staff.

10648 6-10 yrs R\$102/NR\$112 3:15 - 4:30PM 10/18-12/6 Room 3

LEGO ENGINEERING FUNDAMENTALS

Learn how to design and build motorized machines, houses, pyramids, bridges, catapults, buildings and other contructions. Experienced students will be given new projects. Instructor: Play-well TEKnologies Staff.

10649 6-10 yrs 4:45 - 6:15PM 10/18-12/6 Room 3 R\$114/NR\$124

TEEN CUISINE

This delicious class offers teens the opportunity to focus on food preparation, kitchen safety, nutritious and delicious eating, etiquette and more! You don't want to miss this tasty class. Instructor: Recreation Staff.

10530	11-14 yrs	T	4:00 - 6:00PM	11/7-11/21	Room 2	R\$30/NR\$40
10531	11-14 yrs	T	4:00 - 6:00PM	12/5-12/19	Room 2	R\$30NR\$40

WHEN I'M IN CHARGE

This 2.5 hour course teaches children 9-14 years old to be more aware of potential dangers they could face when home alone, as well as teaching responsibility for personal safety and well being. Topics include: keeping your house key safe, door safety, dealing with fires and gas leaks, phone and internet safety, how to get help, and other related topics. Parents are invited to attend the last 30 minutes of class for the family communication lesson. Instructor: Palo Alto Red Cross Staff.

10656	9-14 yrs	Sa	10:00AM - 12:30PM	10/14-10/14	Room 2	R\$30/NR\$40
10657	9-14 yrs	Sa	10:00AM - 12:30PM	11/18-11/18	Room 2	R\$30/NR\$40
10553	9-14 yrs	Sa	10:00AM - 12:30PM	12/2-12/2	Room 2	R\$30/NR\$40

WILD IMAGINEERS

Does your child have a wild imagination? If so, this hands-on class is what you're looking for! Your child will have the opportunity to create unique crafts based on weekly themes in a safe and rewarding environment. Don't miss out on this exciting hands on class. Instructor: Recreation Staff.

10548	3-6 yrs	Sa	10:30AM - 12:00PM	10/7-10/28	Room 1	R\$56/NR\$66
10549	7-11 yrs	Sa	10:30AM - 12:00PM	10/7-10/28	Room 1	R\$56/NR\$66

SPORTS AND FITNESS

AIKIDO

Aikido is a form of Japanese martial arts that harmonizes energy through non-competitive training with partners, not opponents. Participants improve focus, build self-confidence, trust and strength. You will safely study rolls, throws, pins and fluid movements. Come 15 minutes early. Wear loose-fitting clothing (no blue jeans). Uniforms available later for purchase. Beginning and continuing levels. Instructor: Enkuban Dojo Staff.

10224	Beg/Cont.	7-13 yrs	F	6:15 - 7:15PM	10/6-12/15	Enkuban Dojo	R\$50/NR\$60
10225	Beginning	7-13 yrs	Sa	9:00 - 10:00AM	10/7-12/16	Enkuban Dojo	R\$50/NR\$60
10226	Beg/Cont.	7-13 yrs	Sa	10:20 -11:20AM	10/7-12/16	Enkuban Dojo	R\$50/NR\$60
10227	Beg/Cont.	14-17 yrs	T	7:00 - 8:00PM	10/10-12/5	Enkuban Dojo	R\$50/NR\$60

BEGINNING FENCING

Fencing is a safe sport with lightweight flexible swords. Students play fun developmental games, do paired drills, and fence each day! You will learn the basic rules, safety, and manners of the sport, how to advance and retreat, to attack and lunge, to parry and riposte, counter riposte, and to execute feint attacks and actions on the blade. Develop physical and mental fitness, learn self-discipline, and great sportsmanship skills. Wear shorts or sweat pants, a T-shirt, and clean lace up athletic shoes. Visit the California Fencing Academy (CFA) at www.calfencingacademy.com. You may also call CFA with specific questions at 1-866-737-4903, or e-mail info@calfencingacademy.com. CFA is at 950 Rengstorff Ave., Suite G. Instructor: California Fencing Academy Staff.



10637	Super Youth/Yth	5-12 yrs	Sat	9:30 - 10:25AM	10/7-11/18	CFA	R\$118/NR\$128
10638	Teen	13-18 yrs	Sat	10:30 -11:25AM	10/7-11/18	CFA	R\$118/NR\$128
10639	Super Youth	5-7 yrs	M	4:30 - 5:25PM	11/20-12/18	CFA	R\$98/NR\$108
10634	Super Youth	5-7 yrs	M	4:30 - 5:25PM	10/9-11/13	CFA	R\$118/NR\$128
10635	Youth	8-12 yrs	M	5:30 - 6:25PM	10/9-11/13	CFA	R\$118/NR\$128
10636	Teen	13-18 yrs	M	6:30 - 7:25PM	10/9-11/13	CFA	R\$118/NR\$128
10659	Youth	8-12 yrs	M	5:30-6:25PM	11/20-12/18	CFA	R\$98/NR\$108
10660	Teen	13-18 yrs	M	6:30 - 7:25PM	11/20-12/18	CFA	R\$98/NR\$108

KARATE FOR FITNESS

Karate is a form of Japanese martial arts. Students will learn proper stretching, basic blocks, stances, punches, kicks, self-defense, and basic sparring (Kumite) techniques. Training will help students develop better mental focus, coordination, discipline, respect, strength and stamina. This is a great way to get in shape and reduce stress. A uniform fee of \$45 is due to the instructor by the second class meeting. Instructor: Chris Hung.

10540	4-6 yrs	F	3:30 - 4:15PM	10/6-12/1	Cala Center Dojang	R\$75/NR\$85
10541	7-13 yrs	F	4:15 - 5:00PM	10/6-12/1	Cala Center Dojang	R\$75/NR\$85

TAE KWON DO

Tae Kwon Do is a form of Korean martial arts. The goal of training is the full development of an individual's potential, concentrated in the study of blocks, kicks and punches. Uniforms will be distributed to students the second week of class. The cost of the uniform is \$20. Make checks payable to 'Mountain View Tae Kwon Do.' PRIORITY REGISTRATION GIVEN TO THOSE CURRENTLY ENROLLED. Instructor: Mountain View Tae Kwon Do Staff.

10329 Beg/Cont. 9-17 yrs T/Th 6:00 - 7:00PM 10/3-12/14 WSC/Aux R\$35/NR\$45

MOMMY/DADDY & ME SOCCER

You and your child will participate in our fun age appropriate activities. Your child will develop large motor skills and socialization skills. Instructor: The Kidz Love Soccer Staff. RAINOUT HOTLINE PHONE NUMBER IS 800-871-2275.

10307	2-3.5 yrs	Sa	3:30 - 4:00PM	9/23-12/2	Rengstorff Park	R\$72/NR\$82
10308	2-3.5 yrs	Sa	4:00 - 4:30PM	9/23-12/2	Rengstorff Park	R\$72/NR\$82
10309	2-3.5 yrs	F	11:00 - 11:30AM	9/29-12/8	Cooper Park	R\$72/NR\$82
10310	2-3.5 yrs	F	11:30 - 12:00PM	9/29-12/8	Cooper Park	R\$72/NR\$82

TOT SOCCER (3.5 to 4 yrs.)

Young children will develop large motor skills while having fun running and kicking just like the big kids! Shin guards are required by second meeting. Instructor: The Kidz Love Soccer Staff. RAINOUT HOTLINE PHONE NUMBER IS 800-871-2275.

10311	3.5-4 yrs	Sa	4:05 - 4:35PM	9/23-12/2	Rengstorff Park	R\$72/NR\$82
10312	3.5-4 yrs	Th	10:05 - 10:35AM	9/28-11/30	Cooper Park	R\$72/NR\$82
10313	3.5-4 yrs	Th	2:15 - 2:45PM	9/28-11/30	Cooper Park	R\$72/NR\$82
10655	3.5-4 yrs	Th	12:00 - 12:30PM	9/28-11/30	Rengstorff Park	R\$72/NR\$82
10314	3.5-4 yrs	F	10:05 - 10:35AM	9/29-12/8	Rengstorff Park	R\$72/NR\$82
10315	3.5-4 yrs	F	2:15 - 2:45PM	9/29-12/8	Rengstorff Park	R\$72/NR\$82

PRE SOCCER

Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required by second meeting. Instructor: The Kidz Love Soccer Staff. RAINOUT HOTLINE PHONE NUMBER IS 800-871-2275.

10316	4-5 yrs	Sa	1:45 - 2:20PM	9/23-12/2	Rengstorff Park	R\$72/NR\$82
10317	4-5 yrs	Th	9:30 - 10:05AM	9/28-11/30	Cooper Park	R\$72/NR\$82
10318	4-5 yrs	Th	2:45 - 3:20PM	9/28-11/30	Cooper Park	R\$72/NR\$82
10319	4-5 yrs	F	9:30 - 10:05AM	9/29-12/8	Rengstorff Park	R\$72/NR\$82
10320	4-5 yrs	F	2:45 - 3:20PM	9/29-12/8	Rengstorff Park	R\$72/NR\$82
10654	4-5 yrs	F	12:00 - 12:35PM	9/29-12/8	Rengstorff Park	R\$72/NR\$82

SOCCER 1

Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Small-sided soccer matches will be introduced gradually. Shin guards are required by second meeting.Instructor: The Kidz Love Soccer Staff. RAINOUT HOTLINE PHONE NUMBER IS 800-871-2275.

10321	5-6 yrs	Sa	2:20 - 3:05PM	9/23-12/2	Rengstorff Park	R\$72/NR\$82
10322	5-6 yrs	Th	3:20 - 4:05PM	9/28-11/30	Cooper Park	R\$72/NR\$82
10323	5-6 vrs	F	3:20 - 4:05PM	9/29-12/8	Rengstorff Park	R\$72/NR\$82

SOCCER 2

Explore the sport in an instructional and nurturing environment. Be challenged by real soccer situations and venture into the fun tactical side of scrimmaging. Players will enjoy age-appropriate soccer matches and be guided through the possibilities by a Kidz Love Soccer youth specialist. Shin guards required by the second meeting. Instructor: The Kidz Love Soccer Staff. RAINOUT HOTLINE PHONE NUMBER IS 800-871-2275.

10324	7-8 yrs	Sa	3:05 - 3:50PM	9/23-12/2	Rengstorff Park	R\$72/NR\$82
10325	7-8 yrs	Th	4:05 - 4:50PM	9/28-11/30	Cooper Park	R\$72/NR\$82
10326	7-8 vrs	F	4·05 - 4·50PM	9/29-12/8	Renastorff Park	R\$72/NR\$82

SOCCER 3

Play the exciting game of Soccer! Be challenged by real soccer situations and venture into the fun tactical side of scrimmaging. Players will enjoy age-appropriate soccer matches and be guided. through the possibilities. Attack and scoring goal! Pace and Possession! Defense and Transiction! Shin Guards are required by the second meeting. Instructor: The Kidz Love Soccer Staff. RAINOUT HOTLINE PHONE NUMBER IS 800-871-2275.

10328	9-12 yrs	Sa	3:05 - 4:05PM	9/23-12/2	Rengstorff Park	R\$72/NR\$82
10327	9-12 vrs	F	4:05 - 5:05PM	9/29-12/8	Rengstorff Park	R\$72/NR\$82

TWISTER'S GYMNASTICS

Tiny Twisters Gym A -Your child will playfully learn gymnastics, motor skills, rhythm and basic sports skills in fun, age-appropriate classes that blend physical, cognitive and daily living skills. Classes are taught by our creative, certified instructors and are properly paced for curious 3 to 4.5 year olds.

Tiny Twisters Gym B -Your child will explore challenging gymnastics, age-appropriate motor skill combinations, basic sports skills, rhythmical activities and critical thinking concepts involving facts about the alphabet, numbers, health, nutrition, and good sportsmanship. Participants polish basic gymnastic and motors skills, ready to participate in Twister's exciting school-age gymnastics, Super-Twister's, tae kwon do and rock climbing classes by the end of the program. Child will develop a strong foundation enhancing their future math, science, language, social and sports potential. Ages 4-6 years old.

Tiny Twisters-Mom/Dad and Me -Tots and their adult partner enjoy fun, interesting and colorful adventures guided by a caring certified Twisters teacher. Help your child increase body awareness as well as improving gross and fine motor skills. Ages 1.5-3.5 years old. Instuctor: Twister's Staff.

10544	Twister -Gym B	4-6 yrs	M	2:00 - 2:55PM	10/2-12/11	Twister's Gym	R\$75/NR\$85
10542	Twister-Gym A (Beg)	3-4.5 yrs	W	10:00 - 10:55AM	10/4-12/13	Twister's Gym	R\$75/NR\$85
10546	Mom/Dad and Me	1.5-3.5 yrs	W	9:00 - 9:45AM	10/4-11/29	Twister's Gym	R\$75/NR\$85
10543	Twister-Gym A (Beg)	3-4.5 yrs	F	10:00 - 10:55AM	10/6-12/15	Twister's Gym	R\$75/NR\$85
10545	Twister Gym B	4-6 yrs	F	2:00 - 2:55 PM	10/6-12/15	Twister's Gym	R\$75/NR\$85
10547	Mom/Dad and Me	1.5-3.5 yrs	F	9:15 - 10:00AM	10/6-12/15	Twister's Gym	R\$75/NR\$85

KMVT- Community Television

KMVT 15 is a non-profit television station, which acts as a local voice to Mountain View and encourages civic involvement and understanding through the use of television media and airs on Comcast's Channel 15.

KMVT 15 is a speaker's platform; the place where people can freely communicate their ideas to one another and establish a "sense of community belonging." In fact, KMVT 15 has been providing Mountain View's local access to electronic media since 1983. Our staff-produced shows bring the community its services, news, high school sports, and festivities to the viewer's homes. Residents are welcome to access our facility six days a week in order to create their own shows on almost any topic imaginable. They may voice their opinions on our soapbox show 'Speak

Out', create a public service announcement, or post a message on our electronic bulletin board regarding local events and issues in the community. KMVT 15 offers workshops that train the public how to act, produce or volunteer crew on shows at a professional level. Classes are offered in Television Acting, Studio Production, Field Camcorder Production, Non-Linear Editing and Producer's Training. In addition, middle school students may enroll in our after-school program, Youth Television and Video Production.

Please check out our Class Schedule and Course Descriptions on our website, www.kmvt15.org or call our office at (650) 968-1540 and ask for Nancy.

TURKEY TOT TIME

While mom or dad take some time to shop for the turkey, kids will be busy making Thanksgiving decorations. Instructor: Recreation Staff.

10512 3-5 yrs Sa 9:30 - 11:30AM Room 1 11/18-11/18 R\$10/NR\$20

RUDOLPH'S RESTAURANT

After enjoying lunch, children will have the opportunity to play indoor and outdoor reindeer games, sing songs and then rest up with a holiday story or video. We will serve cheese pizza for lunch which is included in the price. Instructor: Recreation Staff.

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10519	3-5 yrs	F	11:30 - 1:30PM	Room 1	12/22-12/22	R\$10/NR\$20
10521	6-10 yrs	F	11:30 - 1:30PM	Room 2	12/22-12/22	R\$10/NR\$20

SATURDAY WITH SANTA

Come visit Santa at the North Pole! Eat breakfast with friends, create holiday crafts and giggle with Santa and his elf. Each child will receive a gift and a photo with Santa. Pre-registration only! NO TICKETS SOLD AT DOOR! Children must be accompanied by an adult and everyone who attends must register. Please attend one seating only. Instructor: Recreation Staff.

10525	2+ yrs	Sa	9:30 -10:30AM	Adobe Building	12/9-12/9	R\$10/NR\$15 + \$5Adult
10526	2+ vrs	Sa	11:00 -12:00PM	Adobe Building	12/9-12/9	R\$10/NR\$15 + \$5Adult

HOLIDAY FUN

During the holiday break, register for a party at the Community Center complete with games, food and holiday crafts, games, singing, snacks, and much more. Instructor: Recreation Staff.

10513	3-5 yrs	F	9:30 -11:30AM	Room 1	12/22-12/22	R\$10/NR\$20
10514	3-5 vrs	F	1:30 - 3:30PM	Room 1	12/22-12/22	R\$10/NR\$20

POLAR BEAR PICTURE PARTY!

Preschoolers are invited to a Polar Bear Party complete with games, crafts, cupcakes and a special keepsake with your child's picture! Instructor: Recreation Staff.

10516 3-5 yrs Sa 1:30 - 3:30PM Room 1 12/16-12/16 R\$10/NR\$20

CLUB REC — HOLIDAY STYLE

Are you ready for a fun-filled week? Club Rec - Holiday Style is what you're looking for! Sing-a-longs, skits, trips, cooking, crafts and theme days make for an exciting week during this holiday season. Please send a bag lunch and drink with your child each day. Snacks are provided. Trip fees included in cost of camp. Instructor: Recreation Staff.

10529 6-10 yrs T,W,Th,F 8:30AM - 4:30PM Auditorium 1/2-1/5 R\$77/NR\$87

GINGERBREAD FACTORY

Calling all boys and girls to be part of a cookie baking and decorating bonanza! Children will bring home wonderful recipes and treats!

10527 6-10 yrs F 1:30-3:30PM Room 2 12/22-12/22 R\$10/NR\$20

PENINSULA YOUTH THEATRE WINTER CAMP

Peninsula Youth Theater (PYT) has just the way to shake up the vacation blues. Spend your break, acting, creating skits and playing theater games as well as creating props and costumes. Culminating in a demonstration for parents and friends, this camp is sure to spice up your break! Please send a bag lunch and drink with your child each day. Instructor: PYT Staff.

10646 8-14 yrs T,W,Th,F 8:30AM-3:30PM PYT 12/26-1/5 R\$250/NR\$260

Winter Warriors

Boys and girls, ages 5-12 can join Kidz Love Soccer for eight Saturdays, beginning December 2, 2006 in a format of 6 v 6 play, up to a maximum of nine players per team. This provides players multiple touches on the ball, lots of running and super soccer action! Participants may request to play with specific friends, or sign up individually and be placed on a team. Players receive tactical and technical instruction from a coach who also officiates the game. Players receive a t-shirt in their team's color. For more information call (650) 903-6331.

WINTER BREAK ADVENTURE FOR YOUNG TEENS

An adventure to Laser Quest and Century 16 Theaters with Recreation Leaders. Admission included! Bring a backpack, lunch and drink!

10609 11 to 14 Yrs F 9:00AM - 3:00PM CC Lobby 12/22-12/22 R\$30/NR\$40

Winter Middle School Dance

Friday, November 17th, 7:00 - 10:00pm

Hang out with your friends, or make new ones, and dance the night away in a safe, exciting, and well-supervised environment. This dance has it all—DJ playing, lights, coatroom and a snack bar. The City of Mountain View Recreation Division hosts these dances. Dances are limited to students who live within the Mountain View-Whisman School District boundaries. All dance sales are pre-sale. Pick up a registration form starting Monday, November 6th, 2006. Cost is \$5.00 with a student ID card. NO Mountain View-Whisman School ID, NO entry into the dance. For more information, please call 650-903-6410.

Teen Open Gym for Middle and High School Students

FREE supervised drop-in recreation activities are available for High and Middle school aged students. Youth 11 to 18 years old are invited to attend Teen Open Gym at Whisman Sports Center 1500 Middlefield Rd, which is open during the school year on every Saturday from 6:30 p.m. to 9:30 p.m. except holiday weekends. Recreation staff offers activities, including basketball, volleyball, indoor soccer, ping pong and other gym sports. ID is required for admittance to the program.

Teen Center For Middle School Students

The City of Mountain View Teen Center, located at 298 Escuela Avenue, will be closed starting Friday, September 1st, 2006 for renovation and improvements. It will reopen in January 2007 to serve City of Mountain View middle school students Fridays and Saturdays from 6:30 p.m. to 9:30 p.m. The Teen Center is a FREE, supervised, registration based program and provides a safe place for teens to enjoy FREE snacks, table games (ping pong, pool table, air hockey, foosball, double shot basketball), two big screen TVs, PlayStation 2, movies, cooking projects, music and backyard area. For more information, call Youth and Teen Programs Hotline at 650-903-6417.

Middle School After School Programs

After School Programs located at Graham and Crittenden Middle Schools are free, supervised drop-in programs offered by the City of Mountain View and the Mountain View-Whisman School District. The After School Programs include a homework study hall and Tween Time Recreation. An instructional aide supervises the school homework study hall and the Tween Time Recreation is supervised by trained Recreation Leaders. Each teen rotates to different activities from the time school is released until 6:00pm, Monday thru Friday. Program flyers and registration forms are available in the front offices of Graham and Crittenden Middle Schools and the Mountain View Community Center. For more information, call (650) 903-6410.

PROTECTING CHILDREN THROUGH PREVENTION

Toddlers blossoming into young children learn though experiencing and learning things on their own with the guidance, support and love from their parents and other adult role models. As your toddler grows, so does their curiosity and sense of self as they learn and gain their independence. With their skills, abilities and knowledge expanding before your very eyes here are a few helpful tips to keep up with your little ones and their safety.

Around the Home and In Your Community:

- § Supervise your child(ren) at all times.
- § Make sure that you can see them and they can see you at all times.
- § Post emergency phone numbers near the telephone (i.e. Poison Control 1-800-876-4766).
- § Child proof your home and talk to them about what is and isn't safe.
- § Don't leave your child unattended, even for a moment, in or near swimming pools and/or other water.
- § Remove poisonous plants from around of your home.
- § Change home smoke detectors batteries when you set your clocks forward and back for Daylight Savings (every six months).
- § Talk to your child(ren) about Safety First: no talking to strangers, getting in the car, dangers of playing alone, crossing the street.
- § Read toy labels and follow age requirements.
- S Carry a First Aid Kit in your car.

For this content and related information please visit:

www.keepkidshealthy.com, www.babycenter.com, www.halloween-safety.com, www.safekids.org www.parentcenter.com

HALLOWEEN SAFETY TIPS: "How to Enjoy the Treat without the Trick:"

- § Plan your route.
- § Walk with child(ren) and go to front door with them.
- So Carry a flashlight and keep it on while walking.
- § Leave props at home and wear comfortable walking shoes.
- § Visit only well lit homes you are familiar with.
- § Inspect ALL the goodies prior to opening and eating.
- § Be aware of choking hazards such as gum, peanuts, and hard candies for preschool aged children.

STORY TIME WITH MISS MARY & MISS MOLLY

Come and rediscover the warmth and wonder of an Eric Carle storybook! We will be retelling three of Carle's finest stories with flannel boards, fingerplays, and songs. Each child will create a story related keepsake and fond memories to last a lifetime! Each child must be accompanied by one adult. Please no siblings.

10538 3-6 yrs. W 1:00 - 2:00PM Room 1 10/11-10/25 R\$13.50/NR\$23.50

EXPLORING ART TOGETHER

This class will provide both you and your child with the opportunity to meet new friends while participating in an art based play group setting. Adult must attend with child.

Instructor: Recreation Staff.

10610 1.5-3.5 yrs. Sa 9:00 - 10:00AM Room 1 10/7-10/28 R\$56/NR\$66

COCOA AND COOKIES WITH SANTA

Interested in spending some quality time with your child and the 'Big Guy' before he gets really busy? Santa will visit the Community Center and we're taking reservations! This class includes hot cocoa, a snack, craft/ activity, singing, story time and a picture with Santa. Each child must be accompanied by ONLY one (1) adult. Due to space limitations, additional adults will not be accommodated. Instructor: Recreation Staff.

10517 2-5 yrs. T 5:00 - 6:00PM Room 1 12/12-12/12 R\$10/NR\$20

HOLIDAY SUPRISES

While your running around getting ready for the holidays your child will be making handmade gifts and decorations for family and friends. Instructor: Recreation Staff

10554 3-5 yrs Sa 9:30 - 11:30AM Room 1 12/16-12/16 R\$10/NR\$20

Preschool Classes

Prior registration has been taken for the 2006-2007 school year and classes are full with a wait list at this time. For more information and to place your child on the waitlist, visit the Community Center during regular business hours. All participants must be "potty-trained," submit copy of birth certificate and current immunization. Instructors: Miss Mary and Miss Molly.

Our creative play based curriculum encourages age appropriate growth of emotional, social, cognitive and physical development to prepare the individual child for kindergarten readiness. We provide the opportunity for each child to learn at their own pace through project time, indoor and outdoor play, circle time where there will be singing, games, and stories. Tot Time class introduces the basics of early childhood education, while the PlaySchool class fine-tunes the skills necessary for Kindergarten success.





LETTERS FROM SANTA

Mountain View Residents! What is a holiday season without a letter from Santa? This holiday season, children in Mountain View can put together their wish lists and send them to Santa. Don't forget to check it twice! The City of Mountain View Youth Advisory Group will assist Santa Claus by writing a personal and appropriate response to your letter. This program is free of charge and restricted to Mountain View residents only. Simply drop off your child's letter in Santa's mailbox located in the Community Center or mail your letter to 201 South Rengstorff Avenue, Mountain View, California, 94039. All letters must be postmarked by Wednesday, December 13; responses will be mailed by Tuesday, December 19.

INVITE SANTA TO YOUR HOUSE!

Santa is ready to make his yearly visits to Mountain View residents on Tuesday, December 12 and Wednesday, December 13. Santa will spend 15 minutes in your home visiting with your children and sharing holiday cheer! The cost for this program is \$15, and all visits will be made between 6:00 p.m. and 9:00 p.m. Beginning November 30 at 8:30 a.m., Mountain View residents can sign up for a visit at the Community Center located at 201 South Rengstorff Avenue.

Santa will only have time to visit Mountain View residents. To allow Santa enough time to spend with everyone, parties must be limited to eight children. No adult parties, please.



R\$180/NR\$190 R\$123.75/NR\$133.75 R\$260/NR\$270 R\$180/NR\$190

ADULT SPORTS LEAGUES

Adult Softball

The Fall Adult Softball season is in full swing. Softball games are played Tuesday through Friday evenings. All games are played at the Whisman Sports Center (Callahan Field). Team registration for the Spring Season will begin in February 2007. For more information, please call 650-903-6404.

Men's Basketball League

Men's Basketball leagues play Tuesday evenings at the Whisman Sports Center and Wednesday evenings at the Mountain View Sports Pavilion. Team Registration begins Wednesday August 23, 2006. Season tentatively will begin the Week of October 10. For team registration information, please call 650-903-6404.

Coed Volleyball League

Coed Volleyball teams play Thursday evenings at the Mountain View Sports Pavilion. Team registration begins Wednesday, August 23, 2006. Season tentatively begins the week of October 9, 2006. For team registration information, please call 650-903-6404.

Adult Open Gym - Volleyball

The Mountain View Sports Pavilion is open Sundays on a drop-in basis for volleyball from 5:00 to 7:00PM. Mountain View residents or employees of Mountain View businesses only. An activity pass is encouraged (\$11.00 for 10 visits, \$22.00 for 20 visits) or pay a \$2.00 drop-in fee per visit. Activity passes may be purchased at the Recreation Office, 201 South Rengstorff Avenue, Monday through Friday—8:30 a.m. to 5:00 p.m. or Sunday evenings at the Pavilion. Exact change only, please. Proof of residency is required.

Accessible Programs & Facilities

Reasonable accommodations in facilities, policies, procedures and/or practices will be made, if necessary, to ensure full and equal access and enjoyment of all programs and activities for individuals with a disability in accordance with the Americans with Disabilities Act (ADA). Individuals with disabilities should contact the Recreation Division at (650) 903-6331 to discuss meeting accessibility.

Recreation Class Financial Assistance Program

The City provides eligible low-income residents limited financial assistance to register for recreation classes and enjoy the benefits of recreation. In order to qualify, you must be a Mountain View resident and: (a) qualify for the Free or Reduced Lunch Program through the Mountain View-Whisman School District; or (b) qualify through the Community Services Agency (CSA) Screening Process (subject to Santa Clara County HUD guidelines). A copy of either the MVWSD APPROVAL LETTER or the CSA VOUCHER must be presented when you register for recreation classes. A \$5 withdrawal fee shall be charged for each class cancellation. No funds will be returned to existing FW balance once they have been used for class registration. Fee waiver is good for one year and does not apply to Tennis, Golf and Special Events.

ADULT GOLF CLASSES (18+ years old)

The Adult Golf Classes are structured with a goal in mind: playing better golf. Whether you have no experience or have been playing for the last 2 years, the fundamentals taught in Level I will help you PLAY BETTER.

LEVEL I

Level I curriculum will cover fundamentals from set-up (including neutral grip, stance, ball position) to ½ swing to full swing. Range balls are included. The mysteries of good putting will also be answered. Each class consists of four 1-hour sessions, the student / instructor ratio is between 3:1 and 6:1, minimum of 3 students. Make up classes are available. All participants are encouraged to continue with Level II classes

A619	9/20-10/11	W	5:45-6:45PM	\$100
A620	9/24-10/15	Su	8:30-9:30AM	\$100
A621	10/22-11/12	Su	9:00-10:00AM	\$100

LEVEL II

The Level II class curriculum is practical application in full swing lesson with drivers, bunker shots, and hilly lies. Range balls are included. Discussion topics include: how and where to purchase the correct golf clubs, golf course etiquette, Rules of Golf, and how to play on the course and not be in the way. Make up classes are available. Graduates of Level II are invited to participate in an oncourse-playing clinic with the Shoreline Golf Links instructors. Each class consists of four 1-hour sessions. Student / instructor ratio is between 3:1 and 6:1, minimum of 3 students.

A616-L2	9/21-10/12	Th	5:45-6:45PM	\$100
A617-L2	9/24-10/15	Su	9:45-10:45AM	\$100
A618-L2	10/22-11/12	Su	10:15-11:15AM	\$100

FULL SWING REFRESHER AND REVIEW -LEVEL III

This class provides an intense analysis of all elements of the full swing. It will help identify your individual swing deficiencies and offer swing improvement solutions and training drills. It will help you identify your



2940 North Shoreline Blvd. Mountain View, CA 94043

swing flaws and the swing compensators that prevent consistent ball striking. The four one-hour sessions will be conducted on a full length driving range. The student to instructor ratio is between 3:1 to 4:1, minimum three students, MAXIMUM 8 STUDENTS. Range balls are included.

AFS663	8/27-9/17	Su	11:00AM-12:00PM	\$100
AFS664	9/24-10/15	Su	11:00AM-12:00PM	\$100
AFS665	10/22-11/12	Su	11:30AM-12:30PM	\$100

PARENT/CHILD GOLF CLASSES

This class will provide parents and children the opportunity to learn the basics of golf together and develop a mutual appreciation for an activity that they can enjoy for many years. Each session will encompass beginning levels of instruction in the following areas: full swing, putting, golf course etiquette and rules discussions. Range balls are included. Parent/child-to-instructor ration of 3:1 (3 parents and 3 children to one instructor), minimum of 3 sets of parent/child. Children (ages 7 to 17). Fee is \$75 per student.

PC606	9/9-9/30	Sat	1:15-2:15PM	\$75 / student
PC607	10/14-11/4	Sat	1:15-2:15PM	\$75 / student

GOLF REGISTRATION FORM PHONE (650) 903-4653 (GOLF) REGISTERING ADULT _____ First Last _____ CITY ____ ZIP CODE ADDRESS ___ DAYTIME PHONE (____) _____ EVENING PHONE (____) _____ EMAIL_____ **GENDER** PARTICIPANT'S NAME HEIGHT CLASS # / NAME-FIRST CHOICE | CLASS #/NAME / SECOND CHOICE (UNLESS NOTIFIED, YOUR 1ST CHOICE IS ACCEPTED) SUBMIT PAYMENT AND Shoreline Golf Links **REGISTRATION FORM TO:**

CHILDREN AND ADULT RECREATION TENNIS LESSONS

Participants must furnish their own tennis racquets and wear tennis shoes. If it rains and courts are wet, classes will be cancelled and rescheduled at the end of the session. MINIMUM PER CLASS: 4 STUDENTS; MAXIMUM PER CHILDREN'S BEGINNING FOR 7 TO 10 YEARS OLDS: 6; ALL OTHER CLASSES: MAXIMUM 8. A class with three or less students will be cancelled and students will be notified of other class options.

PEEWEE TENNIS

PeeWee is designed to introduce 4 to 6 year olds to the game of tennis. PeeWee lessons are limited to 6 students.

PEEWEE 1—Prerequisite: none. A 21" racket is included in the registration fee.

PEEWEE 2—Prerequisite: Peewee 1. Must provide own racket.

BEGINNER I

Introduces the basics of the forehand, backhand and serve. By the end of class, graduating students are hitting balls tossed from the instructor with correct form and hitting serves over the net with correct form and moderate success.



BEGINNER II

Develops the forehand and backhand ground strokes while introducing footwork and movement. Graduating students can have sustained rallies from inside the baseline. The service motion is developed with emphasis placed on accuracy. The volley is reviewed.

INTERMEDIATE

Intermediate classes develop the forehand and backhand ground strokes as students gradually learn to rally from baseline to baseline. Emphasis is

placed on footwork. Power in the service is improved. The volley, lob and overhead are introduced.

CARDIO TENNIS

Designed to improve the players fitness through tennis drilling. Participants will benefit from improved stamina as well as improvement in footwork and the ability to hit on the run.

AFTER-SCHOOL TENNIS

A supervised play program for youths aged 8 to 15 years old. Participants will learn match strategies as well as fundamentals of the forehand, backhand, serve and volley. Classes meet Monday, Wednesday and Friday from 4:00 pm to 5:00 pm.

How To Register

Mail, in a sealed envelope, the following items:

- Completed Cuesta Tennis Mail-in Registration Form.
- Proof of Mountain View Residency. (Checks are valid proof)
- Check(s) payable to "Cuesta Tennis Center".
 Please, NO CASH or CREDIT CARDS.
- Stamped, Self-addressed envelope.

Mail to:

Cuesta Tennis Center "Class Registration" 685 Cuesta Drive Mountain View, CA 94040

For more information call (650) 967-5955

Junior Team Tennis League

The Mountain View Tennis Club sponsors a junior tennis league for youth 18 years old and under in the spring and in the fall. Players must have experience at least equivalent to Beginner II lessons. Registration are held in March an in September every year at the Cuesta Tennis Center. For more information, please call (650) 814-4922.

Adult Tennis Club

The Mountain View Tennis Club is open to Mountain View residents and nonresidents. Membership includes tournaments, interclub matches and special events. Forms available at the Recreation Division office and Cuesta Tennis Center. For additional information call (650) 964-6224.

TENNIS LESSONS

					SESSION 1	SESSION 2	SESSION 3	
CLASS	AGE	DAY	TIME	LOCATION	9/11–10/6	10/2–10/28	10/30–11/25	FEES
Peewee I	4-6yrs	Sa	9:00-10:00am	Cuesta	F01	F13	F25	R\$48/NR\$58
Peewee II	4-6yrs	Sa	9:00-9:45am	Cuesta	F02	F14	F26	R\$48/NR\$58
Beginning I	7-10yrs	Sa	10:00-11:00am	Cuesta	F03	F15	F27	R\$48/NR\$58
Beginning I	7-10yrs	M/W	11:00am-12:00pm	Cuesta	F04	F16	-	R\$48/NR\$58
Beginning I	11-15yrs	M/W	11:00am-12:00pm	Cuesta	F05	F17	-	R\$48/NR\$58
Beginning I	16+yrs	T/Th	2:00-3:00pm	Cuesta	F06	-	-	R\$48/NR\$58
Beginning I	7-10yrs	T/Th	3:00-4:00pm	Cuesta	F07	F18	-	R\$48/NR\$58
Beginning II	7-10yrs	T/Th	9:00-10:00am	Cuesta	-	-	F28	R\$48/NR\$58
Beginning II	11-15yrs	M/W	11:00am-12:00pm	Cuesta	-	-	F29	R\$48/NR\$58
Beginning II	16+yrs	T/Th	2:00-3:00pm	Cuesta	-	F19	-	R\$48/NR\$58
Beginning II	16+yrs	T/Th	3:00-4:00pm	Cuesta	F08	-	-	R\$48/NR\$58
Intermediate	16+yrs	T/Th	11:00am-12:00pm	Cuesta	-	F20	F30	R\$48/NR\$58
Intermediate	16+yrs	M/W	2:00-3:00pm	Cuesta	-	-	F31	R\$48/NR\$58
Cardio Tennis	16+yrs	M/W	8:00-9:00pm	Cuesta	F9	F21	F32	R\$48/NR\$58
Intermediate	11-15yrs	T/Th	7:00-8:00pm	Cuesta	-	-	F33	R\$48/NR\$58
After School Tennis	8-15yrs	M/W/F	4:00-5:00pm	Cuesta	F10	F22	F34	R\$72/NR\$82
After School Tennis	8-15yrs	M/W/F	4:00-5:00pm	Cooper	F11	F23	F35	R\$72/NR\$82
After School Tennis	8-15yrs	M/W/F	4:00-5:00pm	Rengstorff	F12	F24	F36	R\$72/NR\$82

Cuesta Tennis Mail-In Registration Form

	685 C	uesta Drive, Mountai	n View, CA 94040) Phone	(650) 967-5955			
PARTICIPANT'S N			PARENT'S	NAME_				_
	First	Last			First			Las
Address		City	Zip Co	de	Birth Date	Age	M/F	_
Home Phone ()	Work Phone (_)		Emergency Phon	e () _		
CLASS #	FIRST CHOICE CLASS N	AME FEE	CLASS #	SECONI	D CHOICE CLASS NA	AME	FEE	
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The undersigned in consideration of participation in this program, agrees to indomnify and hold the City and Questa Tannis barmless, and
The undersigned, in consideration of participation in this program, agrees to indemnify and hold the City and Cuesta Tennis harmless, and
release the City and Cuesta Tennis from any and all liability for any injury which may be suffered by the above-named individual registered
in this program, arising out of or in any way connected with participation in this program. I have read the above application and agree-
ment, and fully understand that I assume all risks for any injuries received.

Date	Parent/Participant Signature	Credit Cards Not Accepted
		Recreation—11

Registration Deadlines

Resident-Only Priority Lottery:

Only Mountain View resident registration forms received by mail, fax or drop-off from Thursday, September 7, 2006, 8:00 a.m. to Tuesday, September 19, 2006, 5:00pm. will be processed by daily lottery in date order received.

Open Registration:

Begins Wednesday, September 27, 2006, 8:30 a.m. All walk-in, mail-in, fax or drop-off will be processed in the order received.

How To Register:

Mail-In/Drop-Off: Mail or drop off in a sealed envelope the following items:

- Completed Registration Form. (Sign & date)
- List a second choice class in case the first choice is full.
- Proof of Mountain View Residency.
- Separate checks payable to "City of Mountain View" for each participant AND each Class, or complete VISA or MasterCard Information. Please, NO CASH.

Mail to:Recreation Class Registration

P.O. Box 7540

Mountain View, CA 94039-7540

Drop off during office hours, Monday -Friday 8:30 a.m. -5:00 p.m.

Community Center
201 South Rengstorff Avenue
Mountain View, CA 94040

General Class Information

Questions: (650) 903-6331 during office hours.

Email: recreation@mountainview.gov

Receipts: Registration confirmation and receipts will be mailed by Wednesday, September 27, 2006.

Incomplete Registration Form: Please complete all requested information on the registration form. Forms with incomplete or incorrect information or payment will be returned unprocessed.

Birth date/Age: To enroll, participants must provide their birth date and be the correct age by the first day of class. Proof of age may be required.

Returned Check Fee: \$10 service charge on all returned checks.

Proof of Mountain View Residency: Residency is established each time you register. Acceptable forms of proof include: preprinted check, copy of driver's license, utility bill, phone bill, rental agreement, etc. with your name and current Mountain View address. A Post Office box is not acceptable.

Wait List: Your name will be placed on your firstchoice wait list if both first and alternate class choices are full.

Receipt of Registration Form: We are unable to verify receipt of registration forms until: Wednesday, September 27, 2006.

Coordination of Class Registrations: Due to the resident priority lottery, early and open registration processes, we cannot guarantee placement of participants into the same class. Please do not include multiple-family registrations in the same envelope.

Credit on Account: Credit balances may be requested for refund at any time by contacting the Recreation Division. Credits will be mailed to the home address on file approximately three weeks following the request.

Class Attendance: Attendance in class is limited to the registered participants. No registrations are accepted at class. Fees are not prorated for missed classes. No make-up classes offered.

Class Cancellation: Classes that do not meet the minimum registration level will be cancelled. Participants will be notified approximately three business days before class begins and will be issued a full refund or be eligible to transfer to another class based upon space availability. Participants will be responsible for any additional fees.

Class Transfers: Transfers may take place at any time based upon space availability. Participants will be responsible for any applicable fees.

Refunds: A \$5 processing fee per class will be charged for all refunds requested up to five business days prior to a class start date. Refunds requested less than five business days, and up to the midpoint of the class, will be issued at 50 percent. No refunds will be granted after midpoint of a class.

Late Pick-up Fee: Parents and guardians who arrive late to pick up their child(ren) from any recreation program will be assessed a fee of \$5 per 15 minutes late. Please make sure you plan accordingly so that you will arrive on time to pick up your child(ren).

Behavior Violations: If a participant receives three behavior violations or late pick-up, the participant will be removed from the specific program. A partial refund may be granted at the discretion of the program supervisor.

Fax (650) 962-	1069	PI	lease print all	information. Incomp	lete forms cannot be	e processed.
				Parent	Legal Guardian_	Self
First			Last			
			City		Zip Code	
		ıe ()		City Employee	No/Dept	
BIRTHDATE	SEX	GRADE	CLASS #	CLASS NAME	FEE	ALTERNATE CLASS #
	+	+	+			
	+	+	+			
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the City of Mounta or property damage nteers for any liabili nce or carelessness o ivity; knowing the r of the persons or en- is further understood assigns. I have read y child's photograph initial here	tain Viewe which I lity arisin on the parisks, new ntities mad and ago dand ago dand ago me. By m	w harmless at I may have ing out of or part of the pevertheless, I mentioned at greed that the gree to the seness, or the my signature	and hereby was e or which herei or connected in person or entitie I hereby agree above who (thro this waiver, rele- e registration ar hat of a pet or the below, I acknow	aive, release and dischargeinafter may accrue to men any way with my particles mentioned above. I under to assume those risks or ough negligence or care ease and assumption of rand program policies. Fur personal property, for nowledge that I have reassumed in the second program policies.	rge any and all claims f me against the City of N rticipation in this class o understand that accident on behalf of myself, my relessness) might otherw risks has been freely en- urther, I agree and grant promotional use in any and this document and u	for loss or damage, for Mountain View, its Correctivity, even thoughts and injuries can aring heirs and assigns any heirs and assigns any size be liable to me (intered into and is to not the City of Mountainy City-related media.
AN SIGNATURE	·				t	
Visa		-				
High some of the s	First Work/Ce (Circle BIRTHDATE PERSON AND EACH O hoice class wait list if y on(s) to contact in co RE O PICK UP YOUR CHILL DICATION? NO S? NO YES ERNS, OR SUGGESTION of participation i the City of Mounta or property damage nteers for any liabili nce or carelessness o ivity; knowing the r f the persons or en further understood assigns. I have read y child's photograph nitial here	First Work/Cell Phon (Circle One) BIRTHDATE SEX BIRTHDATE SEX	First	First Last City	First Last City	Please print all information. Incomplete forms cannot be

Date ____

(Not for Golf and Cuesta Tennis)

Signature